

FROM GRIPING TO GRATITUDE

November 21, 2021

One of the biggest kill-joys of all time: _____

Philippians 2:14-15 (NIV)

*Do everything without **complaining** or arguing, [15] so that you may become blameless and pure, children of God without fault in a crooked and depraved generation, in which you shine like stars in the universe*

The Israelites

Exodus 16:1-3

God's response to complaining:

Numbers 14:26-29

FIVE STEPS TO STOPPING THE GRIPING

1. _____ it's a problem for _____.

Proverbs 28:13 (Living)

A man who refuses to admit his mistakes can never be successful. But if he confesses and forsakes them, he gets another chance.

2. _____ responsibility for my own life.

Adam

Genesis 3:11-12 (Living)

"Who told you you were naked?" the Lord God asked. "Have you eaten fruit from the tree I warned you about?" [12] "Yes," Adam admitted, "but it was the woman you gave me who brought me some, and I ate it."

Proverbs 19:3 (Living)

People ruin their lives by their own stupidity, so why does God always get blamed?

"I am only one, but still I am one. I cannot do everything, but still I can do something. I will not refuse to do the something I can do."

Helen Keller

Accuser, Excuser, Chooser

3. Look for _____ in my circumstances

Romans 8:28 (NIV)

And we know that in all things God works for the good of those who love him, who have been called according to his purpose.

Prayer

"Lord I don't like this situation I'm in, but I know You're in charge. You want to use these circumstances to help me change, to grow. Lord, please help me to see what You want to accomplish so I can follow You in it. In the meantime, I choose to put my trust in you and believe You are working to use this situation for my good."

4. Develop an attitude of _____.

Paul:

Philippians 4:11b (NIV)

... I have learned to be content whatever the circumstances.

Us:

1 Thessalonians 5:18 (NAS)

in everything give thanks; for this is God's will for you in Christ Jesus.

Three things for which we can thank God:

1. For the _____ things He's provided.
2. That He's _____.
3. That He's going to _____ His promise of *Romans 8:28*.

5. Practice positive _____.

Guide for Speaking:

Ephesians 4:29 (NIV)

Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

Guaranteed Results:

Philippians. 2:14-15 (NIV)

Do everything without complaining or arguing, [15] so that you may become blameless and pure, children of God without fault in a crooked and depraved generation, in which you shine like stars in the universe

1. Our experience of life will change from darkness to light.
2. Our _____ will go up.